

2015 Personal Trainers to Watch Judges Bios

Richard Beddie

International Confederation of Registers for Exercise Professionals

Richard Beddie is the CEO of the Exercise Association of New Zealand, a non-profit organization representing the health and fitness industry in New Zealand, and the past chair of the International Confederation of Registers for Exercise Professionals (ICREPs), which has members that register exercise professionals across the world. Beddie has more than 25 years experience in the fitness industry, including 15 years as an award-winning club owner. He regularly presents at conferences across the globe, specializing in helping personal trainers grow their business. He earned a bachelor of science degree in statistics, as well as a master's in business administration, from Canterbury University in Christchurch, New Zealand.



Anthony J. Wall

American Council on Exercise

Anthony J. Wall is Director of Professional Education with the American Council on Exercise® (ACE®) and oversees the development, quality assurance and strategic focus of ACE's continuing education programs. With more than 15 years of experience as a fitness educator and presenter, Wall has created internationally-recognized training programs and high-caliber educational materials. He has managed complex training workshop development, spearheaded the design and delivery of training curriculum, and served as a fitness education consultant to academic and government organizations. He holds a bachelor's degree with honors from Demontfort University in Bedfordshire, England, and a master's degree in exercise physiology from San Diego State University in California.



László Zopcsák

EuropeActive

Dr. László Zopcsák is the president of the Hungarian Health and Fitness Association, as well as the founder, owner and CEO of International Wellness Institute. He is also a visiting lecturer in Health & Fitness, Faculty of Health, Exercise and Sport Sciences at Universidad Europea de Madrid and Real Madrid Graduate School. At these institutions, Zopcsak is also a scientific advisor at the Centre for Excellence in Research in Physical Activity and Sport. He gained 19 years of experience working in the fitness industry and created the very first accredited Personal Trainer Course in Hungary. He received his PhD with European Doctorate Mention from the Universidad Europea de Madrid and holds a masters degree in Adapted Physical Education.



Cristiano Parente

2014 *Personal Trainers to Watch* Winner

Cristiano Arthur S. Parente is a personal trainer and CEO of Koatch in São Paulo since 1997. He previously held the title of personal trainer, research and physical evaluation coordinator at Bio Ritmo. Parente received a bachelor's degree in sports science and a bachelor's degree in physical education from the University of São Paulo. In addition to winning the 2014 *Personal Trainers to Watch* competition, he is currently working towards a master's degree in sports management, marketing and law from the University of Neuchatel-Switzerland. His training philosophy centers on the knowledge of movement.



Kim Ingleby

2013 *Personal Trainers to Watch* Winner

Kim Ingleby is the founder and "Mind Body Ninja" at Energised Performance located in Bristol, England. She is a European Register of Exercise Professionals (EREPS) personal trainer with more than 12 years of experience in personal training and sports therapy. Kim's mission is to give clients the tools to empower them to be their best, inside and out, becoming fitter, stronger and more energized. In addition to being named winner of *Personal Trainers to Watch* in 2013, she has won recognition in the UK for personal training and writes for various leading UK national fitness magazines. Kim also is a fitness model, Sweaty Betty & Shock Absorber brand ambassador and Team GB & Celebrity Mind and Body Expert. She is passionate about fundraising, having raised thousands of dollars for various charities through events such as the 2014 Sierra Leone Marathon.



Christopher Clawson **President, Life Fitness**

Chris Clawson is president of Life Fitness, a division of Brunswick Corporation (NYSE: BC). A Life Fitness veteran, Clawson has served the company in a number of different positions, including senior director of product management for cardio products, vice president of consumer sales and marketing and general manager of U.S. fitness retailer Omni Fitness. He serves on the Board of Directors for the Sports & Fitness Industry Association. Clawson was a player on Newman University's 1983 College World Series team and a two-time inductee into the university's Athletic Hall of Fame, and then went on to play professional baseball in the Atlanta Braves and Houston Astros organizations.

